



LAWRENCEVILLE | ALPHARETTA-NORTH FULTON

Student Life News & Events

September / 8 / 2017



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Get Fit With Coach C!



MONDAY, SEPTEMBER 11

Get active with Student Life and Coach C!
Fitness class is suitable for all levels.

[Sign up here!](#)

SGA Meeting



WEDNESDAY, SEPTEMBER 13

Student Government Association will hold its
first meeting of the semester!

Details Below.

F / SEPT 8 - SkillsUSA Meeting

Got Skills? Be on the ground-breaking floor as we begin a brand new SkillsUSA Club at Gwinnett Technical College. Our first meeting will be held on Friday, September 8th! We will meet in the Student Center on the second Friday of each month from 11:00 a.m. - 12:00 p.m. We hope to see you there! For questions, please contact [Penny Waddell](#) or [Margaret Long](#).

F / SEPT 8 - Student Sonography Association Fundraiser

Come out and support the Student Sonography Association fundraiser! You could win a Braves Gift Basket that contains 5 tickets and a pass for the September 22 game against the Philadelphia Phillies. It will be full of other fun Braves and baseball related items. Please watch for a sonography student in building 100 student lounge areas between August 24 and September 8 from 11 a.m. - 1 p.m. You can also come to building 200, room 122 and inquire about tickets on Monday and Thursday mornings until 12 p.m. and Wednesday and Friday afternoons after 12 p.m. Tickets are \$1 each. For more information contact [Kim Strong](#).

M / SEPT 11 - Tibetan Bowl Meditation

The ancient sound of Tibetan singing bowls have the ability to induce an immediate deeply meditative state. This powerful music therapy relaxes both body and mind from stress and tension. Come relax to a different tune with Student Life. Mediation will be held in the Student Life Center from 12 - 1 p.m. [Sign up here!](#) For more information contact [Chantelle Bailey](#).

M / SEPT 11 - Get Fit with Coach C!

Looking for a way to become more active? Join us from 3 - 4 p.m. in the Student Life Center as we sweat, burn calories, improve strength & conditioning and have fun! Water will be provided but feel free to bring your own bottle and yoga mat. This fitness class is suitable for all levels. [Sign up here!](#) For more information contact.

T / SEPT 12 - Hospitality Student Association Meeting

HSA will host a meeting in building 700, room 1.202 at 2:30 p.m. on the Lawrenceville campus. All culinary arts and HRTM students are welcome to join us! Contact Association President [Ira Peoples](#) for more information.

W / SEPT 13 - SGA Meeting

Everyone is welcome to join us in the Student Life Center from 12 - 1 p.m. for our first Student Government Association meeting of the year! SGA is a great way to get involved on campus. We will have a guest speaker and will provide pizza and refreshments. Make sure to bring a friend along! If you have any questions, please contact [Morgan Taylor-Burns](#).

TH / SEPT 14 - GTC's Open Green Market

Every Thursday, GTC will have an Open Green Market selling fresh vegetables, herbs and cut flowers! These are the freshest picked vegetables and fruits straight from our very own GTC Learn-in-Farm. Just look for the tent in the courtyard area between building 600 and 100 from 12 p.m. - 2 p.m. Cash/check preferred. All proceed are used to sustain our farm for continued student experience.

F / SEPT 15 - WiT Campus Opening Event

Join us for our campus opening event and create your digital brand with Microsoft as you prepare for the workforce! We'll kickoff the school year with a highly interactive workshop that allows you to build and develop your personal brand while leveraging Microsoft technologies. The event will take place at the Atlanta Tech Village (3423 Piedmont Road NE, Atlanta, GA 30305) from 12 - 5 p.m. Students are required to bring their electronic devices with them to the event. Spots are filling up quickly, so be sure to register now! [Register here!](#) For more information contact [LaTunya Henderson](#).

W / SEPT 20 - AITP Meeting

AITP will meet in building 700, room 2201 at 5 p.m. For more information contact [John Thacher](#).

TH / SEPT 21 - Science Club Meeting

GTC Science Club will hold its first meeting of the semester at 3:00 p.m. at the Lawrenceville campus, building 900. We will be planning our activities for the semester, including our Movie Night, Documentary Night, and volunteer opportunities. We will also vote on new club officers at this meeting. For more information, please contact [Margaret Long](#) or [Dr. Saphronia Johnson](#).

TH / SEPT 21 - Information Security Association Meeting

GTC-ISA is the student community of choice for GTC cyber security students dedicated to advancing individual growth and deepening their knowledge and awareness of issues related to managing technology risk and protecting critical information and infrastructure. The meeting will be held in building 900, room 2206 at 4:30 p.m. For more information contact [Garfield Anderson](#).

TH / SEPT 21 - GTC Students' Toastmasters International

The GTC Students' Toastmasters International Club will have a meeting and Open House in building 100 in the Student Life Center. This meeting will be in conjunction with the Gwinnett Metro Toastmasters International Club. We will begin at 6. For more information contact [Thaddeus Nifong](#).

Future Dates

September 18 - Tibetan Bowl Meditation

September 18 - Get Fit With Coach C!



HEALTHY TIP

11 Best Foods to Boost Your Brain and Memory

Did you know that the food you eat has a lot to do with how your brain functions? If you are looking to sharpen your memory or increase your focus, the solution could be as close as your kitchen! The foods you eat play a pivotal role in keeping your brain healthy and can improve specific mental tasks, such as memory and concentration. *Healthline.com* lists 11 types of foods that help keep your mind sharp and focused throughout the day:

1. Fatty Fish
2. Blueberries
3. Pumpkin Seeds
4. Coffee
5. Dark Chocolate
6. Broccoli

[To read the full article click here.](#)

If there is a topic you would like to know about or a tip that you'd like to share with us, please email [Morgan Taylor-Burns](mailto:Morgan.Taylor-Burns) with your suggestions!

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ANNOUNCEMENTS!



Ready to Apply for Graduation?

If you are completing your program either Fall or Spring semester, please submit a graduation application now! Even if you are completing a certificate embedded in your larger program, you may graduate from that certificate, so that you can list that accomplishment on your resume! Directions on how to apply for graduation are online. [Click here for directions.](#) For more information contact [Susan Myers](#) for more information.

Society for Human Resource Management Seeking Members

The GTC Society for Human Resource Management student club is seeking new members. Students that are interested can contact Club Advisor [Cassandra Baker](#) for more information on how to join.



**ATLANTA
FALCONS**



Atlanta Falcons Seeking Volunteers

The Atlanta Falcons are looking for volunteers to assist with their home games. You are asked to work from 4:00 - 7:00 p.m. and will be given access to the game at 7:30 p.m. You will need to find your own parking. We suggest Marta or carpooling. If interested please contact [Keith Roberts](#) for more information.

Congratulations to the Association of Future Radiologic Technologist!

The American Cancer Society has notified the Association of Future Radiologic Technologist Relay for Life team that they have risen to the level of "Rising Star Fundraisers". They raised \$2,087 for Relay for Life this year! Keep up the amazing work!



Textbooks are arranged by author in the bookstore.

GTC Bookstore Announcement

Textbooks are now arranged by author in the GTC Bookstore. Shop by author, search A to Z! Save time by downloading your Author shopping list to your phone or [visit here](#).

Students' Toastmasters Club Community Service Project

The GTC Students' Toastmasters Club will be conducting a community service project and collecting urgent need items for Rainbow Village Inc. We will be placing collection boxes in each building on the Lawrenceville campus. Urgent need items are toiletries, baby wipes, diapers size 4 & 5, cleaning products etc. For more information contact [Thaddeus Nifong](#).



Free OB Ultrasounds



Free OB ultrasounds are offered to GTC students. The Diagnostic Medical Sonography Program is seeking volunteers for OB ultrasounds preferably 18-32 weeks. Volunteers need to be prepared to stay for one hour and are scanned by GTC DMS students under direct credentialed faculty supervision. Volunteers receive FREE keepsake 3D images as well as the opportunity to see their baby in 4D. For more information or to schedule an appointment, please email [OB Sonography](#) or call 470-448-1211.

Assured Hospice Care Seeks Volunteers

Assured Hospice Care offers volunteers the opportunity to care for others and meet real companionship needs at a critical time in the lives of others. This happens in the homes of our patients or at assisted living facilities. Volunteers have the unique opportunity of giving the gift of time. The assistance and support this provides for a person in need is immeasurable. Volunteers will visit with patients and their family to provide companionship, visit with a patient to provide the caregiver/family member a chance to go to the grocery store or run errands, and assist with administrative and clerical task. We provide the training and visits are scheduled around your daily schedule and routines. You may volunteer a day a week, a few hours a week, or few hours a month. For more information call 770-387-9578 or contact [Chelsea Lawrence](#)

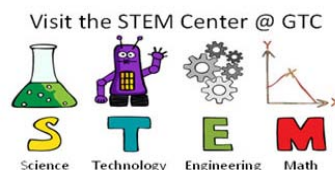


Georgia Cares

Georgia Cares is the single, statewide coordinating non-profit agency connecting services and treatment care for child victims of sexual exploitation and trafficking. Georgia Cares serves any and all youth who have been victimized in the state of Georgia. Our mission is to ensure that child sex trafficking victims receive quality care and services in the state of Georgia. For more information [visit our website](#).

Gwinnett Tech STEM Center

The STEM Center is a peer tutoring center in building 900, room 1.109 for students taking Life Sciences classes or anyone trying to get in a healthcare program. The STEM center is open Monday - Thursday from 9 a.m. - 6 p.m. and Friday from 9 a.m. - 4 p.m. Be sure to join us every Thursday evening at 6 p.m. and every Friday morning at 10 a.m. for an A&P I Q&A. Need help with Chemistry? Ms. Francois is available to help Tuesdays from 9:30 a.m. to 11:30 a.m. and Wednesdays 10:30 a.m. to 11:30 a.m. For more information please [Casey Best](#)



Quality Childcare Available on Campus

Do you have young children? Do you know of someone who is looking for a high quality child care center for their child? The Hudgens Early Education Center is the best place for all children! Please come in for a visit today (building 800)! Or call for more information 678-226-6510. Enrolling children 6 weeks to 5 years. Open daily from 7:00 a.m. to 6:15 p.m. Enrollment is open to the community! Childcare tuition assistance is available for full time GTC students and we accepts CAPS.

Run, Hide, Fight

As a part of Gwinnett Tech's preparedness objective, we want to provide everyone with a safe and healthy learning environment. With the increase of incidents on college campuses, schools and public places, it is increasingly important to have a plan for how to respond in an active shooter situation. Students and employees can help prevent and prepare for potential active shooter situations by viewing the "Run, Hide, Fight - Surviving an Active Shooter Event" video. The video will assist you in planning for your personal safety. [watch video.](#)



Collecting Aluminum Can Tabs

The Association of Future Radiologic Technologist and Future Cardiovascular Technologist Club are collecting can tabs. One gallon of tabs equals a one night stay in the Ronald McDonald House for a family. Together, we've already collected eight gallons, but we can do more! Help us by bringing your aluminum can tabs to building 100 near Chick-Fil-A, building 100 near the bookstore in the cafeteria area, building 900 lobby, building 200 - room 121, 245, 133 or the student lounge and the Alpharetta-North Fulton campus student lounge. Thank you for your support!

You Shop. Amazon Gives Back to GTC!

[Shop Amazon Smile](#) is giving back and all you have to do is go to the website and choose "Gwinnett Tech Foundation". The GTC Foundation will receive .05% of every dollar you spend that qualifies and in turn, we will apply these dollars back into Gwinnett Tech students! This is a win-win!!! If you have further questions, please contact [Darcie Johnson](#).



Did you know? GTC Has a No Interest Tuition Payment Plan!

Gwinnett Tech partners with [Nelnet Business Solutions](#) to let you pay tuition and fees over time, making college more affordable. Payment Plan Benefits include easy online enrollment, flexible payment options and no interest. [Learn more](#) about the tuition payment plan and enroll today!

Creating Safer, Healthier
Campus Communities

Haven UNDERSTANDING
SEXUAL ASSAULT

Learn more



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\$\$\$ GTC STUDENT PERKS!

MUST SHOW CURRENT STUDENT/FACULTY ID TO RECEIVE DISCOUNTS.

[Click here for details](#)





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CONTACT STUDENT LIFE

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