



LAWRENCEVILLE | ALPHARETTA-NORTH FULTON

Student Life News & Events

September / 29 / 2017



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Tibetan Bowl Meditation



MONDAY, OCT. 2

Join us for our last Tibetan bowl meditation class of the semester!

[Details Below.](#)

Fall Break



ENJOY YOUR BREAK

Have a safe Fall Break!
No classes are scheduled for October 5 - 7.

[Details Below.](#)

M / OCT 2 - Tibetan Bowl Meditation

Join us for the last Tibetan Bowl Meditation class of the semester! The ancient sound of Tibetan singing bowls have the ability to induce an immediate deeply meditative state. This powerful music therapy relaxes both body and mind from stress and tension. Come relax to a different tune with Student Life. Mediation will be held in the Student Life Center from 12 - 1 p.m. [Sign up here!](#) For more information contact [Chantelle Bailey](#).

M / OCT 2 - Get Fit with Coach C!

Join us from 3 - 4 p.m. in the Student Life Center as we sweat, burn calories, improve strength & conditioning and have fun! This will be the last fitness class of the semester coached by C! Water will be provided but feel free to bring your own bottle and yoga mat. This fitness class is suitable for all levels. [Sign up here!](#) For more information contact For more information contact [Chantelle Bailey](#).

TH - S / OCT 5-7 - Fall Break

No classes scheduled. Be safe and enjoy your extra-long weekend!

M-T / OCT 9-10 - IBM Security Providing IBM Scholarships for ALL Women

We are very excited to share that IBM Security is providing scholarships for ALL Women to attend a cyber security conference October 9 & 10 at no charge! Hacker Halted will take place in Atlanta, GA and is hosted by EC-Council creators of the Certified Ethical Hacker certification. IBM has sponsored the Hacker Halted conference for the past 3 years. This year, for the first time, IBM will fund a scholarship that allows all women who are interested in attending the show to do so without cost. Women who wish to register for Hacker Halted under the IBM scholarship should [visit here!](#) For more information contact [Garfield Anderson](#).

M-T / OCT 9-10 - Cyber Security Hacker's Halted Conference

Hacker Halted is a global series of computer and information security conferences presented by EC-Council. The objective of the hacker halted conferences is to raise international awareness towards increased education and ethics in IT Security. Men who wish to register for hacker halted should visit [this website](#) and use registration code HH17JJ for free entry. Women who wish to register for Hacker Halted under the IBM scholarship should visit [this website](#) and use registration code HH17IBM for free entry. The event will take place at 210 Peachtree St. NW, Atlanta, GA 30303. For more information contact [Garfield Anderson](#).

T / OCT 10 - Hip-Hop Class

Come out and bust a move! Feel the beat of this high energy Hip-Hop Class! Learn a full hip-hop routine in the Student Life Center from 12 - 1 p.m. on the Lawrenceville campus. Join the fun! [Sign up here!](#) For more information contact [Chantelle Bailey](#).

F / OCT 13 - SkillsUSA Club

SkillsUSA Club will meet in the Student Center at 11:00 a.m. For more information contact [Penny Waddell](#).

TH / OCT 19 - GTC Spirit Wear Day

We've got spirit yes we do! We've got spirit...how about you? Show your GTC Pride by wearing your Gwinnett Tech apparel. Prizes will be given out randomly throughout the day to those sporting GTC apparel! Swing by the GTC Bookstore for 20% off of a single item. Contact [Morgan Taylor-Burns](#) for more information.

TH / OCT 19 - GTC-ISA Meeting

GTC-ISA is the student community of choice for GTC cyber security students dedicated to advancing individual growth and deepening their knowledge and awareness of issues related to managing technology risk and protecting critical information and infrastructure. The meeting will take place in building 700, room 2206 at 4:30 p.m. For more information contact [Garfield Anderson](#).

TH / OCT 19 - GTC Students' Toastmasters International Club

The GTC Students' Toastmasters International Club will meet in the Student Center, building 100 at 6:00 p.m. For more information contact [Thaddeus Nifong](#).

Future Dates

October 17 - Hip-Hop Class
October 18 - SGA Meeting



HEALTHY TIP

Be The One To Save A Life

September is National Suicide Prevention Month. We use this month to reach out to those affected by suicide, raise awareness and connect individuals with suicidal ideation to treatment services. It very important to ensure that individuals, friends and families have access to the resources they need to

discuss suicide prevention. Suicideispreventable.org discusses ways to recognize the warning signs, tips on knowing how to start a conversation, and where to turn for help:

1. Start the conversation
2. Listen, express concern, and reassure
3. Create a safety plan
5. Get help

[To read the full article click here.](#)

If there is a topic you would like to know about or a tip that you'd like to share with us, please email [Morgan Taylor-Burns](mailto:Morgan_Taylor-Burns) with your suggestions!

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ANNOUNCEMENTS!

National Suicide Prevention Lifeline

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. We are committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness. For more information, visit our [website](http://suicidepreventionlifeline.org).



Crisis Text Line

Text HOME to 741741 from anywhere in the USA, anytime, about any type of crisis. A live, trained Crisis Counselor receives the text and responds quickly. The volunteer Crisis Counselor will help you move from a hot moment to a cool moment. Children and Teens are especially welcome. The service is free, confidential, and available 24/7. Please note that we are not a replacement for counseling or long-term medical treatment. Our goal is to help you move from an emotional overwhelming place to a sense of calm, at which point you feel ready to continue on your own. [Learn more about how it works.](#)

CRISIS TEXT LINE |

Georgia Crisis and Access Line

GCAL is the 24/7 hotline for accessing mental health services in Georgia. The Georgia Department of Behavioral Health and Developmental Disabilities (DBHDD) provides treatment and support services to people with mental illness and addictive diseases. If you or a loved one needs help dealing with a behavioral health crisis, the GCAL offers free and confidential crisis intervention 24/7. For more information, go to the Georgia DBHDD website.



Ready to Apply for Graduation?

If you are completing your program either Fall or Spring semester, please submit a graduation application now! Even if you are completing a certificate embedded in your larger program, you may graduate from that certificate, so that you can list that accomplishment on your resume! Directions on how to apply for graduation are online. [Click here for directions.](#) For more information contact [Susan Myers](#) for more information.



Seeking Volunteers for The International Night Market

Join in on the fun! The Atlanta International Night Market is seeking brand ambassadors, social media influencers, and volunteers. Be a part of this historic Atlanta event and support 15 local non-profit organizations. For more details and opportunities please [click here!](#)



Atlanta Falcons Seeking Volunteers

The Atlanta Falcons are looking for volunteers to assist with their home games. You are asked to work from 4:00 - 7:00 p.m. and will be given access to the game at 7:30 p.m. You will need to find your own parking. We suggest Marta or carpooling. If interested please contact [Keith Roberts](#) for more information.

Congratulations to the Association of Future Radiologic Technologist!

The American Cancer Society has notified the Association of Future Radiologic Technologist Relay for Life team that they have risen to the level of "Rising Star Fundraisers". They raised \$2,087 for Relay for Life this year! Keep up the amazing work!



GTC Bookstore Announcement

Textbooks are now arranged by author in the GTC Bookstore. Shop by author, search A to Z! Save time by downloading your Author shopping list to your phone or [visit here.](#)

Textbooks are arranged by author in the bookstore.

Students' Toastmasters Club Community Service Project

The GTC Students' Toastmasters Club will be conducting a community service project and collecting urgent need items for Rainbow Village Inc. We will be placing collection boxes in each building on the Lawrenceville campus. Urgent need items are toiletries, baby wipes, diapers size 4 & 5, cleaning products etc. For more information contact [Thaddeus Nifong.](#)



Free OB Ultrasounds



Free OB ultrasounds are offered to GTC students. The Diagnostic Medical Sonography Program is seeking volunteers for OB ultrasounds preferably 18-32 weeks. Volunteers need to be prepared to stay for one hour and are scanned by GTC DMS students under direct credentialed faculty supervision. Volunteers receive FREE keepsake 3D images as well as the opportunity to see their baby in 4D. For more information or to schedule an appointment, please email [OB Sonography](#) or call 470-448-1211.

Assured Hospice Care Seeks Volunteers

Assured Hospice Care offers volunteers the opportunity to care for others and meet real companionship needs at a critical time in the lives of others. This happens in the homes of our patients or at assisted living facilities. Volunteers have the unique opportunity of giving the gift of time. The assistance and support this provides for a person in need is immeasurable. Volunteers will visit with patients and their family to provide companionship, visit with a



patient to provide the caregiver/family member a chance to go to the grocery store or run errands, and assist with administrative and clerical task. We provide the training and visits are scheduled around your daily schedule and routines. You may volunteer a day a week, a few hours a week, or few hours a month. For more information call 770-387-9578 or contact [Chelsea Lawrence](#)

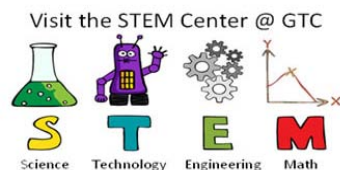


Georgia Cares

Georgia Cares is the single, statewide coordinating non-profit agency connecting services and treatment care for child victims of sexual exploitation and trafficking. Georgia Cares serves any and all youth who have been victimized in the state of Georgia. Our mission is to ensure that child sex trafficking victims receive quality care and services in the state of Georgia. For more information [visit our website](#).

Gwinnett Tech STEM Center

The STEM Center is a peer tutoring center in building 900, room 1.109 for students taking Life Sciences classes or anyone trying to get in a healthcare program. The STEM center is open Monday - Thursday from 9 a.m. - 6 p.m. and Friday from 9 a.m. - 4 p.m. Be sure to join us every Thursday evening at 6 p.m. and every Friday morning at 10 a.m. for an A&P I Q&A. Need help with Chemistry? Ms. Francois is available to help Tuesdays from 9:30 a.m. to 11:30 a.m. and Wednesdays 10:30 a.m. to 11:30 a.m. For more information please [Casey Best](#)



Quality Childcare Available on Campus

Do you have young children? Do you know of someone who is looking for a high quality child care center for their child? The Hudgens Early Education Center is the best place for all children! Please come in for a visit today (building 800)! Or call for more information 678-226-6510. Enrolling children 6 weeks to 5 years. Open daily from 7:00 a.m. to 6:15 p.m. Enrollment is open to the community! Childcare tuition assistance is available for full time GTC students and we accepts CAPS.

Run, Hide, Fight

As a part of Gwinnett Tech's preparedness objective, we want to provide everyone with a safe and healthy learning environment. With the increase of incidents on college campuses, schools and public places, it is increasingly important to have a plan for how to respond in an active shooter situation. Students and employees can help prevent and prepare for potential active shooter situations by viewing the "Run, Hide, Fight - Surviving an Active Shooter Event" video. The video will assist you in planning for your personal safety. [watch video](#).



Collecting Aluminum Can Tabs

The Association of Future Radiologic Technologist and Future Cardiovascular Technologist Club are collecting can tabs. One gallon of tabs equals a one night stay in the Ronald McDonald House for a family. Together, we've already collected eight gallons, but we can do more! Help us by bringing your aluminum can tabs to building 100 near Chick-Fil-A, building 100 near the bookstore in the cafeteria area, building 900 lobby, building 200 - room 121, 245, 133 or the student lounge and the Alpharetta-North Fulton campus student lounge. Thank you for your support!

You Shop. Amazon Gives Back to GTC!

[Shop Amazon Smile](#) is giving back and all you have to do is go to the website and choose "Gwinnett Tech Foundation". The GTC Foundation will receive .05% of every dollar you spend that qualifies and in turn, we will apply these dollars back into Gwinnett Tech students! This is a win-win!!! If you have further questions, please contact [Darcie Johnson](#).



Did you know? GTC Has a No Interest Tuition Payment Plan! Gwinnett Tech partners with [Nelnet Business Solutions](#) to let you pay tuition and fees over time, making college more affordable. Payment Plan Benefits include easy online enrollment, flexible payment options and no interest. [Learn more](#) about the tuition payment plan and enroll today!

Creating Safer, Healthier
Campus Communities

Haven UNDERSTANDING
SEXUAL ASSAULT

Learn more



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\$\$\$ GTC STUDENT PERKS!

MUST SHOW CURRENT STUDENT/FACULTY ID TO RECEIVE DISCOUNTS.

[Click here for details](#)





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CONTACT STUDENT LIFE

Rachel Mariano, Student Life Director

rmariano@gwinnettech.edu

770-962-7580, ext.6341

Morgan Taylor-Burns, Student Life Specialist

mtaylor-burns@gwinnettech.edu

770-962-7580, ext.6415

Chantelle Bailey, Student Life Assistant

cbailey@gwinnettech.edu

770-962-7580, ext.6419

Lawrenceville Campus . 5150 Sugarloaf Pkwy . Lawrenceville, GA 30043
Alpharetta-North Fulton Campus . 2875 Old Milton Parkway . Alpharetta, GA 30009