

GTC Student Life News & Events

July / 8 / 2016



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Spread the Word!



TUESDAY, JULY 19

ANF Campus Open House
5:30 - 8 p.m.

Details below.

Outreach Opportunity



MONDAY, JULY 11

StreetWise Georgia
1- 3 p.m.

Volunteer sign-up below.

M / JUL 11 - StreetWise Outreach

[StreetWise Georgia](#) is designed to help struggling families get back on the feet and functioning independently. GTC Student Life is taking a group of volunteers from 1 - 3 p.m. to sort donations and help clients choose and carry items out to their cars. If you are interested in joining us, [please sign up](#). Volunteers will receive t-shirts and beverages will be provided.

TH / JUL 14 - Culinary Farm to Table Lunch

Enjoy a delicious lunch made by our culinary students with the freshest possible ingredients from our very own campus farm, as well as local and regional farmers and providers! The menu is prix-fixe, changing every week based on supplies. Since this is a special event series, we are unable to accommodate special dietary requests. Lunch will be served at 12:30 p.m. and costs \$15 per guest as local products incur higher costs. Meals are alcohol free and are part of the overall educational program of the culinary students. Seating is limited, so please [make your reservation](#) soon and include the date and how many are in your party.

TH / JUL 14 - GTC's Open Green Market

Every Thursday, GTC will have an Open Green Market selling fresh vegetables, herbs and cut

flowers! These are the freshest picked vegetables and fruits straight from our very own GTC Learn-in Farm. Just look for the tent in the courtyard area between building 600 and 100 from 12 - 2 p.m. Cash/check preferred. All proceeds are used to sustain our farm for continued student experience.

[TU / JUL 19 - ANF Open House](#)

Let your friends and family know about our Alpharetta North-Fulton Campus Open House! The event times are 5:30 - 8 p.m. Guests will be able to attend information sessions and campus tours as well as visit with Student Life, Career Services and Veterans Affairs. Attendees can also get assistance with the admission application, submit admission documents, meet with Financial Aid and complete the COMPASS entrance exam (if needed). This event provides a quick, easy way to start your educational journey at Gwinnett Tech!

[TH / JUL 21 - Culinary Farm to Table Dinner](#)

Join us for a dinner made by our culinary students with the freshest possible ingredients from our very own campus farm, as well as local and regional farmers and providers! The menu is prix-fixe, changing every week based on supplies. Since this is a special event series, we are unable to accommodate special dietary requests. Dinner will be served at 6:30 p.m. and costs \$30 per guest as local products incur higher costs. Meals are alcohol free and are part of the overall educational program of the culinary students. Seating is limited, so please [make your reservation](#) soon and include the date and how many are in your party.

[Future Dates](#)

August 15 - Fall Classes Begin

August 18 - GTC Student's Toastmasters Ice Cream Social



HEALTHY TIP

[Strange-But-True Health Tips](#)

Health.com states these 12 healthy habits might be counterintuitive, but they really work! Some may leave you scratching your head...click "read full article" below to view all the explanations.

1. Drink coffee to have a better nap.
2. For healthy teeth, don't brush after eating.
3. To wear a smaller size, gain weight.
4. To eat less, eat more.
5. Skip energy drinks when you're tired.
6. Drink water when you're bloated.
7. Ditch diet soda to lose weight.
8. Drink a hot beverage to cool off.
9. Exercise when you're tired.
10. Handwrite notes to boost your brainpower.
11. To improve your relationship, spend less time together.
12. Ditch antibacterial soap to prevent illness.

[Read full article](#)

If there is a topic you would like to know about or a tip that you'd like to share with us, please email [Jamie Randolph](#) with your suggestions!

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ANNOUNCEMENTS!



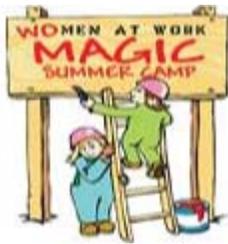
[Cash Assistance Program for Students Who Have Run Out of Funds](#)
Students experiencing financial hardships may be eligible for tuition and childcare assistance provided by United Way's Financial Empowerment



Program. Eligible students could receive up to \$1,205 in tuition and up to \$600 in child care! Students must be currently enrolled, in good academic standing, (minimum 2.0 GPA), and be 1-2 semesters from graduation/program completion. For assistance, please call Juan Wilson, Support Services Coordinator (ANF) at 470-282-5453 or Lisa Richardson, Special Populations Coordinator (LAW) at 678-226-6691.

Run, Hide, Fight

As a part of Gwinnett Tech's preparedness objective, we want to provide everyone with a safe and healthy learning environment. With the increase of incidents on college campuses, schools and public places, it is increasingly important to have a plan for how to respond in an active shooter situation. Students and employees can help prevent and prepare for potential active shooter situations by viewing the "Run, Hide, Fight - Surviving an Active Shooter Event" video. The video will assist you in planning for your personal safety. [watch video.](#)



MAGIC Camp

Mentoring A Girl In Construction (MAGIC), is a FREE one week summer day camp for high school age girls July 25 - July 29 at Gwinnett Technical College. (Current 8th Graders who are or will be 14 by June 1st may participate.) We only have 24 seats and they go fast! For more information and/or to register please contact [Renee Conner](#) or [Gail Edwards](#).

You Shop. Amazon Gives Back to GTC!

[Shop Amazon Smile](#) is giving back and all you have to do is go to the website and choose "Gwinnett Tech Foundation". The GTC Foundation will receive .05% of every dollar you spend that qualifies and in turn, we will apply these dollars back into Gwinnett Tech students! This is a win-win!!! If you have further questions, please contact [Darcie Johnson](#).



Collecting Aluminum Can Tabs

The Future Cardiovascular Technologist Club and the Association for Radiologic Technologist are collecting can tabs. One gallon of tabs equals a one night stay in the Ronald McDonald House for a family. Together, we've already collected eight gallons, but we can do more! Help us by bringing your aluminum can tab donations to building 200 - room 121, 245, 133 or the student lounge. Thank you for your support!

Collecting Corks

The Rad Tech program has collected over 12,000 corks, caps and foil from wine bottles for Clothes for Souls. Each is worth 2 cents so we can financially support this global non-profit institution dedicated to fighting poverty. Besides helping the charity, it also helps the earth. The corks are recycled and not put in landfills. Did you know that it takes over 1,500 gallons of water to grow the cotton required for just one pair of jeans and each American discards over 65 pounds of clothing per year? Help us by continuing to donate your corks! Drop off is in bldg. 200, room 245.



Did you know? GTC Has a No Interest Tuition Payment Plan!

Gwinnett Tech partners with [Nelnet Business Solutions](#) to let you pay tuition and fees over time, making college more affordable. Payment Plan Benefits



include easy online enrollment, flexible payment options and no interest. [Learn more](#) about the tuition payment plan and enroll today!

Creating Safer, Healthier
Campus Communities

Haven UNDERSTANDING
SEXUAL ASSAULT

Learn more



Feel Stressed? You are not Alone!

Going to school can be tough. Life can be tough. Student Life has paid for all of our students to get four free counseling sessions through the Cameron & Associates Life Balance Program. Yes - it's FREE! Just call 404-845-3727 or visit them on the [web](#) and they will give you three counselors close to you to pick from. You are worth the investment!



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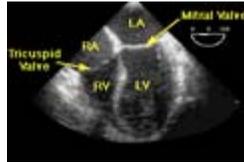
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GTC STUDENT PERKS!

MUST SHOW CURRENT STUDENT/FACULTY ID TO RECEIVE DISCOUNTS.

[Click here for details](#)





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CONTACT STUDENT LIFE

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