

GTC Student Life News & Events

June / 3 / 2016



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Seeking Volunteers!



SATURDAY, JUNE 18

Join Student Life in helping with food and entertainment for Lift Up Atlanta's festival.

Volunteers needed from 11 a.m. - 2 p.m.
at the Gwinnett County Fairgrounds

[Volunteer info & registration](#)

Budget Brainstorm



WE NEED YOU!

Your Student Leadership officers are meeting to discuss future programming.

What type of events would you like to see?
What outreach projects are you interested in?

[Email your ideas!](#)

TU / JUN 7 - GUIDE Outreach

Join Student Life in helping Gwinnett United in Drug Education, Inc. (GUIDE) get ready for the Georgia Teen Institute's youth leadership program. We will meet at the GUIDE office in Lawrenceville from 4-6 p.m. to pack, sort and help prepare for the event. Interested? Please [register here](#). Feel free to contact [Hayley Martin](#) with any questions.

W / JUN 8 - Multicultural Club Movie Screening

Join us as we watch The Great Debaters by Denzel Washington and Forest Whitaker in the Student Life Center located in building 100 of the Lawrenceville campus. Movie starts at 1 p.m. and popcorn will be provided! Feel free to contact [Lakshmi Ramachandran](#) or [Yvette Williams](#) with any questions.

W / JUN 8 - Study Skills Workshop

GTC's retention and enrollment support departments are conducting a workshop for students to help

improve their study skills as well as educate them about GTC's campus resources. The workshop takes place from noon - 1 p.m. and again from 6 - 7 p.m. in building 100, room 306 on the Lawrenceville campus. This is a great opportunity for students to gain the skills they need to be successful in a fast paced summer semester. Meal provided for students who rsvp to [Lisa Richardson](#).

TH / JUN 16 - Student's Toastmasters International Meeting

GTC Student's Toastmasters International Club will be electing new club officers for the upcoming year! We'll meet on the Lawrenceville campus at 6 p.m. in building 200, room 104. Please plan to attend this important meeting so that you can see how businesses conduct elections using Robert's Rules of Order. All GTC Students and alumnae are welcomed to attend! For more information, please contact the club advisor, [Dr. Penny Waddell](#).

S / JUN 18 - GTCANS Nursing Club Yard Sale

The nursing students have come together to host a big yard sale featuring lots of children's clothes and toys, furniture including a 4-piece Italian leather sofa set, vintage kitchen items like a 1950's electric oven, a surround sound system and much, much, more! The sale will run from 9 a.m. - 5 p.m. and takes place at 592 Webb Gin House Road, Lawrenceville 30045. All proceeds will benefit the GTCANS Nursing Club. Please contact advisor, [Laura Hart](#), with any questions.

S / JUN 18 - Lift Up Atlanta Outreach

GTC Student Life is partnering with Lift Up Atlanta and will be volunteering at the 2016 Summer Fun Festival at the Gwinnett County Fairgrounds. Volunteers are needed from 11 a.m. - 2 p.m. and will assist with vendors, food and entertainment. Please [click here](#) for more information and to register as a volunteer. Questions? Contact [Hayley Martin](#).

Future Dates

June 20 - SkillsUSA Nationals
June 23 - Atlanta Braves Game
June 30 - Hospitality Seminar



Healthy Garden Slaw Recipe

Our Culinary Arts and Horticulture students hosted an amazing Pig Roast last week. Guests enjoyed great BBQ paired with many tasty sides including a delicious garden slaw. They have shared the slaw recipe for us to enjoy at home this summer!

INGREDIENTS:

Canola oil	2 oz. Radish, greens, chiffonade
1 Onion, small dice	2 oz. Turnip, greens, chiffonade
1/2 lbs Cabbage, green, chiffonade	2 oz. Kohlrabi, greens, chiffonade
1/2 lbs Cabbage, red, chiffonade	2 oz. Radish, whole, small dice
1 oz. White wine	2 oz. Hakuri turnips, small dice
1 oz. Apple cider vinegar	2 oz. Kohlrabi, whole, shredded
2 oz. Apple juice	8 oz. Carrot, shredded

DRESSING:

2 oz. grainy mustard
2 oz. cider vinegar
1 oz. honey
6 oz. canola oil
Salt and pepper to taste

1. In 2 separate rondos, divide onions and sauté, add green cabbage to one and red cabbage to

- other, stir until cabbage softens (color will deepen) app. 3 - 5 minutes.
2. Deglaze with white wine until reduced by $\frac{2}{3}$. Add vinegar, and apple juice and cover. Once liquid reduces, remove from heat.
 3. Chill cabbages. Toss other chiffonade greens with green cabbage and place in refrigerator.
 4. Once completely chilled, toss with other small dice and shredded vegetables as well as dressing.
 5. Make sure dressing is emulsified. Season slaw with salt and black pepper to taste.

If there is a topic you would like to know about or a tip that you'd like to share with us, please email [Jamie Randolph](mailto:Jamie.Randolph@gtc.edu) with your suggestions!

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ANNOUNCEMENTS!

LIFT UP Atlanta

Lift Up Atlanta Drive

The GTC Student's Toastmasters International Club is having a school supply drive to help provide needy school-aged students with book bags, paper, pencils, pens, kleenex, antibacterial wipes, notebooks, and folders! If you would like to help contribute to this worthy cause, please bring your unused school supplies to the Student Life Center in building 100 or to building 200, room 115. We will be collecting items until Monday, June 6th. For more information, please contact [Dr. Penny Waddell](#).

Business Plan Contest

There is \$25,000 in cash and prizes up for grabs in the 6th annual amazing entrepreneur contest! This competition is an initiative to foster new business development in Gwinnett County and features two prize categories in Established Business (you're up and running) and Pre-Venture (you have a great idea). To find out all the details about the contest, [click here!](#)



MAGIC Camp

Mentoring A Girl In Construction (MAGIC), is a FREE one week summer day camp for high school age girls July 25 - July 29 at Gwinnett Technical College. (Current 8th Graders who are or will be 14 by June 1st may participate.) We only have 24 seats and they go fast! For more information and/or to register please contact [Renee Conner](#) or [Gail Edwards](#).

Father's Day is June 19! Shop Amazon Smile.

By shopping at [Smile.Amazon.com](https://www.amazon.com/smile), with or without Prime Membership, you can support the [Gwinnett Tech Foundation](#)! The Foundation secures scholarships for students and enriches our staff and faculty with professional development opportunities. Feel free to contact [Darcie Johnson](#) for more information.



Collecting Aluminum Can Tabs

The Future Cardiovascular Technologist Club and the Association for Radiologic Technologist are collecting can tabs. One gallon of tabs equals a one night stay in the Ronald McDonald House for a family. Together, we've already collected eight gallons, but we can do more! Help us by bringing your aluminum can tab donations to room 121, 245 or 133 in bldg. 200. Thank you!



Collecting Corks

The Rad Tech program has collected over 12,000 corks, caps and foil from wine bottles for Clothes for Souls. Each is worth 2 cents so we can financially support this global non-profit institution dedicated to fighting poverty. Besides helping the charity, it also helps the earth. The corks are recycled and not put in landfills. Did you know that it takes over 1,500 gallons of water to grow the cotton required for just one pair of jeans and each American discards over 65 pounds of clothing per year? Help us by continuing to donate your corks! Drop off is in bldg. 200, room 245.



Did you know? GTC Has a No Interest Tuition Payment Plan!

Gwinnett Tech partners with [Nelnet Business Solutions](#) to let you pay tuition and fees over time, making college more affordable. Payment Plan Benefits include easy online enrollment, flexible payment options and no interest. [Learn more](#) about the tuition payment plan and enroll today!

Run, Hide, Fight

As a part of Gwinnett Tech's preparedness objective, we want to provide everyone with a safe and healthy learning environment. With the increase of incidents on college campuses, schools and public places, it is increasingly important to have a plan for how to respond in an active shooter situation. Students and employees can help prevent and prepare for potential active shooter situations by viewing the "Run, Hide, Fight - Surviving an Active Shooter Event" video. The video will assist you in planning for your personal safety. [watch video](#).



Creating Safer, Healthier
Campus Communities

Haven UNDERSTANDING
SEXUAL ASSAULT

Learn more



Feel Stressed? You are not Alone!

Going to school can be tough. Life can be tough. Student Life has paid for all of our students to get four free counseling sessions through the Cameron & Associates Life Balance Program. Yes - it's FREE! Just call 404-845-3727 or visit them on the [web](#) and they will give you three counselors close to you to pick from. You are worth the investment!



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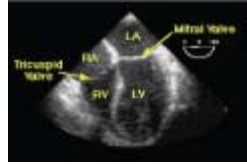
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GTC STUDENT PERKS!

MUST SHOW CURRENT STUDENT/FACULTY ID TO RECEIVE DISCOUNTS.

[Click here for details](#)



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CONTACT STUDENT LIFE

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