

# GTC Student Life News & Events

April / 29 / 2016



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## Free Vouchers!



### LEADERCAST 2016

An epic leadership experience that will focus on what it means to be a visionary leader.

[Event Details](#)

Friday, May 6 / Infinite Energy Arena  
8 a.m. - 5 p.m.

## Special Event



### SATURDAY, MAY 14

Exciting event featuring collaboration, conversation and community!

Building 700 / L'ville Campus  
10 a.m. - 2 p.m.  
More details below.

[Register Here](#)

## M / MAY 2 - Awards Ceremony

Congratulations to all of our award recipients! The Awards Ceremony is a time to celebrate our students' hard work and achievements. Emails and invitations have already been sent to recipients with instructions and details on arrival times - please be punctual. Students, staff and faculty are invited to come show their support. The ceremony starts at 7 p.m. at the Infinite Energy Performing Arts Center.

## F / MAY 6 - Leadercast 2016

GTC Student Life gave out free vouchers to students so they could have an amazing opportunity to hear from speakers like Nick Saban, Head Football Coach at University of Alabama; Steve Wozniak, Co-Founder of Apple Inc. and CMDR Rorke Denver, Navy SEAL Commander and Author. [Check out the amazing line up!](#) Interested in attending? Please call Jamie at 678-226-6415 to see if we have any more vouchers available. If you already picked up vouchers and cannot attend, please bring them

back to the Student Life Center.

### SA / MAY 14 - Navigate Recovery Event

GTC students are invited to a recovery community symposium in support of long term recovery from addiction. Hear from multiple speakers on how they maintained wellness of body, mind and spirit on their recovery journey and connect with resources to support the entire family. Guests will also be able to bid on cool stuff at the silent auction. Event runs from 10 a.m. - 2 p.m. in the Busbee Center Auditorium located on the Lawrenceville campus. [Registration is required](#) and lunch is included. Questions? Please call Susan Barge at 678-743-1808, ext 110.

### M / MAY 16 - Graduation Commencement

The 2016 Commencement Ceremony will take place at 7:30 p.m. at the Infinite Energy Arena. Students who have already registered to walk must attend the mandatory practice at 9 a.m. but should plan to arrive as early as 8:30 a.m. to expedite the check-in process. Students should arrive no later than 5:30 p.m. for the ceremony. Honor students, please review information listed below under announcements. There is plenty of seating for family and friends to come out and show their support!

### M / MAY 17 - ADN Meet & Greet

The ADN Club Officers and Associate Degree Nursing Seniors will be holding a meet and greet/ Q&A session for any incoming nursing students this fall on the Lawrenceville campus from 2 - 3 p.m. in building 900, room 1107. For questions, please contact [Laura Hart](#).

### M / MAY 19 - GTC Student's Toastmasters International Meeting

We invite all GTC students to join us as we work together to improve communication and leadership skills. We will meet at 6 p.m. in building 200, room 104 on the Lawrenceville campus. If you have questions, please feel free to contact [Dr. Penny Waddell](#).

### M / MAY 21 - Special Olympic Volunteer Opportunity

GTC Student Life and Student Leadership Council officers are happy to announce that we have partnered up with Special Olympic Georgia and will be volunteering at Emory University with the Special Olympic State Summer Games! The event takes place at Emory University and we need volunteers available from 11 a.m. to 5:30 p.m. [Please register here](#).

### Future Dates

May 26 - Pig Roast

May 30 - Memorial Day Holiday



## HEALTHY TIP

### Boost Creative Thinking

Have you ever wished you were more creative or could overcome a creative block? How can we come up with better ideas whether it be personally or professionally? Gregory Ciotti, author of Sparring Mind, suggests that there are nine proven, effective ways to boost creative thinking. Try them out and see which one(s) work for you:

1. Restrict Yourself: set limitations to allow your brain to come up with creative solutions
2. Re-Conceptualize the Problem: examine the problem in different ways
3. Create Psychological Distance: think of the task as distant, rather than close in proximity
4. Daydream...Then Get Back to Work!: the less work you do, the less daydreaming will help
5. Embrace Something Absurd: read or experience something surreal
6. Separate Work from Consumption: absorbing activities and creating are very different mindsets
7. Create During a Powerful Mood: when both positive and negative emotions are running high
8. Get Moving: exercise will boost creative thinking
9. Ask, "What Might Have Been?": look at a situation that has already occurred and rework it

[Read full article](#)

If there is a topic you would like to know about or a tip that you'd like to share with us, please email [Jamie Randolph](#) with your suggestions!

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# ANNOUNCEMENTS!

## Honor Graduates

Students who achieve a cumulative grade point average of 3.69 or higher have been designated as honor graduates. Honor recognition will be in the graduation program, and you may wear the silver stole that was available for purchase in the bookstore.

## Lambda Nu Graduates

Delta Chi Omega Chapter of Lambda Nu congratulates our 2016 Graduates from Cardio Vascular Technology, Diagnostic Medical Sonography, Echocardiography and Radiologic Technology programs. You will be wearing the honor society's forest green and maroon honor cords at Commencement earned by fulfilling the requirements to become members and by participating in multiple community service projects. Additional Lambda Nu regalia is not permitted during the ceremony. You are free to purchase other items for personal use only.

## NTHS Graduates

Congratulations to all our National Technical Honor Society graduates! You may wear the society's white tassel on your mortarboards, which were distributed at our recent induction ceremony. For those NTHS members who were unable to make it to the ceremony; tassels can be picked up at the graduation practice. Any other NTHS regalia is not permitted to be worn on graduation night. Should you have any further questions, please feel free to contact [JJ Hogan](#).

## Outstanding Student Graduates

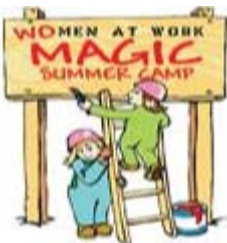
Students who have been nominated as their program's Outstanding Student are permitted to wear the blue ribbon medal you received at the Awards Ceremony to Commencement. If you have questions, please contact [Jamie Randolph](#).

## PTK Graduates

Phi Theta Kappa congratulates our 2016 graduates! PTK graduates may wear the society's blue and gold honor cords during Commencement to recognize their academic achievement. Cords may be purchased on campus at the Gwinnett Tech Bookstore or through the PTK web site. Additional PTK regalia is not permitted, only the cords, so if students purchase other items to celebrate this achievement, they must be for personal use only. If you have questions, please contact a [PTK Club Advisor](#).

## Student Ambassador Graduates

Student Life would like to thank all of our Student Ambassadors for their many hours of service throughout the year! You are eligible to receive a Student Ambassador pin to wear at the Commencement Ceremony once you have fulfilled the requirement of volunteer opportunities. Please remember to log your hours online for verification. Questions? Contact [Jamie Randolph](#).



## MAGIC Camp

Mentoring A Girl In Construction (MAGIC), is a FREE one week summer day camp for high school age girls July 25 - July 29 at Gwinnett Technical College. (Current 8th Graders who are or will be 14 by June 1st may participate.) We only have 24 seats and they go fast! For more information and/or to register please contact [Renee Conner](#) or [Gail Edwards](#).

## Business Plan Contest

There is \$25,000 in cash and prizes up for grabs in the 6th annual amazing entrepreneur contest! This competition is an

initiative to foster new business development in Gwinnett County and features two prize categories in Established Business (you're up and running) and Pre-Venture (you have a great idea). To find out all the details about the contest, [click here!](#)



## LIFT UP Atlanta

### Lift Up Atlanta Drive

The GTC Student's Toastmasters Club is holding a Lift Up Atlanta drive to provide book bags, note books, paper, pencils, and school supplies for under privileged children in Gwinnett County. We will be collecting items until Monday, June 6th. Items can be dropped off to Dr. Penny Waddell's office in building 200, room 115.

### You Shop. Amazon Gives Back to GTC!

Mother's Day is Sunday, May 8. [Shop Amazon Smile](#) and I guarantee a smile on your mom's face! Not only will your momma be happy, but you will be supporting Gwinnett Tech. This is a WIN-WIN!!! If you have further questions, please contact [Darcie Johnson](#).



### Collecting Aluminum Can Tabs

The Future Cardiovascular Technologist Club and the Association for Radiologic Technologist are collecting can tabs. One gallon of tabs equals a one night stay in the Ronald McDonald House for a family. Together, we've already collected eight gallons, but we can do more! Help us by bringing your aluminum can tab donations to room 121, 245 or 133 in bldg. 200. Thank you!

### Collecting Corks

The Rad Tech program has collected over 12,000 corks, caps and foil from wine bottles for Clothes for Souls. Each is worth 2 cents so we can financially support this global non-profit institution dedicated to fighting poverty. Besides helping the charity, it also helps the earth. The corks are recycled and not put in landfills. Did you know that it takes over 1,500 gallons of water to grow the cotton required for just one pair of jeans and each American discards over 65 pounds of clothing per year? Help us by continuing to donate your corks! Drop off is in bldg. 200, room 245.



### Did you know? GTC Has a No Interest Tuition Payment Plan!

Gwinnett Tech partners with [Nelnet Business Solutions](#) to let you pay tuition and fees over time, making college more affordable. Payment Plan Benefits include easy online enrollment, flexible payment options and no interest. [Learn more](#) about the tuition payment plan and enroll today!

### Run, Hide, Fight

As a part of Gwinnett Tech's preparedness objective, we want to provide everyone with a safe and healthy learning environment. With the increase of incidents on college campuses, schools and public places, it is increasingly important to have a plan for how to respond in an active shooter situation. Students and employees can help prevent and prepare for potential active shooter situations by viewing the "Run, Hide, Fight - Surviving an Active Shooter Event"



video. The video will assist you in planning for your personal safety. [watch video.](#)

**FAFSA**

**Don't Forget!**  
Complete your 2016-2017 FAFSA  
[www.fasfa.gov](http://www.fasfa.gov)  
Transfer Your Tax Info Using the IRS Data Retrieval Tool  
Fall Financial Aid Deadline - Friday, May 13

Creating Safer, Healthier  
Campus Communities

**Haven** UNDERSTANDING  
SEXUAL ASSAULT

Learn more



**Feel Stressed? You are not Alone!**

Going to school can be tough. Life can be tough. Student Life has paid for all of our students to get four free counseling sessions through the Cameron & Associates Life Balance Program. Yes - it's FREE! Just call 404-845-3727 or visit them on the [web](#) and they will give you three counselors close to you to pick from. You are worth the investment!



**Cameron and Associates, Inc**

*Providing a Higher Quality of Service*

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**GTC STUDENT PERKS!**

MUST SHOW CURRENT STUDENT/FACULTY ID TO RECEIVE DISCOUNTS.

[Click here for details](#)



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## CONTACT STUDENT LIFE

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