



LAWRENCEVILLE | ALPHARETTA-NORTH FULTON

Student Life News & Events

April / 21 / 2017



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Free Vouchers!

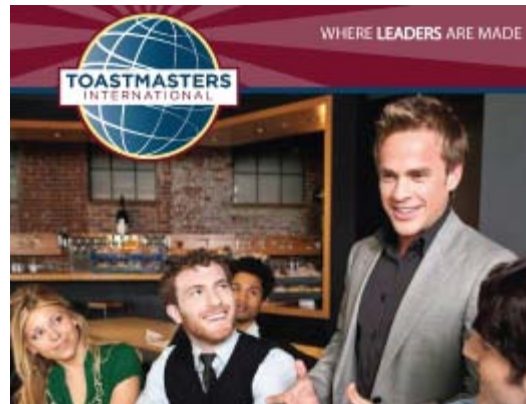


LEADERCAST 2017

Get 2 free vouchers with your student ID.
Mon - Thurs from 8 a.m. - 6 p.m.
Student Life Center / Lawrenceville campus
Front Desk / ANF campus

[Details Below.](#)

GTC Students' Toastmasters



THURSDAY, APR. 20

Are you looking for a club to help improve your communication and leadership skills?
All GTC students are welcome to attend the GTC Students' Toastmasters meeting!

[Details Below.](#)

M-TH / APR - Leadercast Vouchers

GTC Student Life is giving out FREE vouchers to students to attend Leadercast 2017 on May 5th from 8:00 a.m. - 4:30 p.m. This is a one-day leadership event held at the Infinite Energy Center. This is an amazing opportunity to hear from speakers like Tyler Perry, director, playwright, and actor; Jim McKelvey, co-founder of Square; Molly Fletcher, sports agent and author; and other leaders sharing their true stories, solutions, and insights. If you are interested in attending stop by the Student Center Monday - Thursday from 8 a.m. - 6 p.m. on the Lawrenceville campus or the Front Desk at the Alpharetta-North Fulton campus to pick up your 2 free vouchers. For more information on the event [click here](#). Questions? Contact [Chantelle Bailey](#).

TH / APR 20 - GTC Students' Toastmasters

The GTC Students' Toastmasters will meet at 6 p.m. in building 200 room 104. This will be the last meeting of the semester, we will start back up on Thursday, June 1st. If you have any questions on

how to join the club please email [Thaddeus Nifong](#).

M / APR 24 - Gearheadz Car Club Bar-B-Que

The Gearheadz Car Club will be hosting a Bar-B-Que behind Student Life, building 100 on the Lawrenceville campus. Hot dogs, hamburgers, chips, and soda will be available for purchase. For more information email [Andy Lindman](#).

T / APR 25 - Finals Survival Kits

Surgical Technology Club will be selling Finals Survival Snack Kits during Finals Week from 9 a.m. - 1 p.m. Tables will be located in building 100 and 900. Question? Please email [Glenda McCloskey](#).

W-S / APR 26-29 - DECA

Three Marketing Management students are going to compete in the DECA - International Career Development Conference, in Anaheim California! Please join us in wishing them luck - Go GTC! Questions? Email [Perry Hidalgo](#).

Future Dates

April 24 -29 Spring Final Exams (Terms A&C)

May 5 - Leadercast 2017



HEALTHY TIP

How to Improve Your Emotional Health

Emotional health is all about being happy, self-confident, self-aware, and resilient. People who are emotionally healthy are aware of their thoughts, feelings, and behaviors. They have learned healthy ways to cope with stress and problems that arise in their everyday life. Understanding your emotions plays a vital role in understanding how your body responds to the way we think, feel, and act. For example, a stressful event can cause a high blood pressure or a stomach ulcer. *Familydoctor.org* lists ways we can improve our emotional health in order to have a healthy "mind/body connection":

1. Express your feelings in appropriate ways
2. Live a balanced life
3. Develop resilience
4. Calm your mind and body
5. Take care of yourself

[To read the full article click here.](#)

If there is a topic you would like to know about or a tip that you'd like to share with us, please email [Morgan Taylor-Burns](#) with your suggestions!

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ANNOUNCEMENTS!

Free OB Ultrasounds

Free OB ultrasounds are offered to GTC students. The Diagnostic Medical Sonography Program is seeking volunteers for OB ultrasounds preferably 18-32 weeks. Volunteers need to be prepared to stay for one hour and are scanned by GTC DMS students under direct credentialed faculty supervision. Volunteers receive FREE keepsake 3D images as well as the opportunity to see their baby



in 4D. For more information or to schedule an appointment, please email [OB Sonography](mailto:OB@sonography.com) or call 470-448-1211.

Pet Food/ Pet Supplies Drive

The Future Cardiovascular Technologist club will be sponsoring a pet food / pet supplies drive throughout the remainder of the semester. The drive will collect items for FurKids animal shelter and rescue. Collection boxes will be placed in the student lounge areas around campus. Some items being collected are: Fancy Feast Classic Chicken, Friskies Chicken Dinner Wet Food, Quality dog treats, Denta-Chews, Interactive dog toys, cat scratchers and refills, paper towels, wipes, etc. For more information, email [Kristen Buoy](mailto:Kristen.Buoy@gtc.edu)

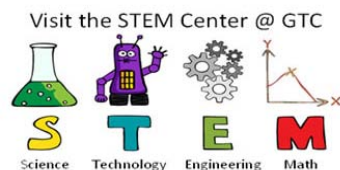


Georgia Cares

Georgia Cares is the single, statewide coordinating non-profit agency connecting services and treatment care for child victims of sexual exploitation and trafficking. Georgia Cares serves any and all youth who have been victimized in the state of Georgia. Our mission is to ensure that child sex trafficking victims receive quality care and services in the state of Georgia. For more information [visit our website](http://www.georgiacares.org).

Gwinnett Tech STEM Center

The STEM Center is a peer tutoring center in building 900, room 1.109 for students taking Life Sciences classes or anyone trying to get in a healthcare program. The STEM center is open Monday - Thursday from 9 a.m. - 6 p.m. and Friday from 9 a.m. - 4 p.m. Be sure to join us every Thursday evening at 6 p.m. and every Friday morning at 10 a.m. for an A&P I Q&A. Need help with Chemistry? Ms. Francois is available to help Tuesdays from 9:30 a.m. to 11:30 a.m. and Wednesdays 10:30 a.m. to 11:30 a.m. For more information please [Casey Best](mailto:Casey.Best@gtc.edu)



Quality Childcare Available on Campus

Do you have young children? Do you know of someone who is looking for a high quality child care center for their child? The Hudgens Early Education Center is the best place for all children! Please come in for a visit today (building 800)! Or call for more information 678-226-6510. Enrolling children 6 weeks to 5 years. Open daily from 7:00 a.m. to 6:15 p.m. Enrollment is open to the community! Childcare tuition assistance is available for full time GTC students and we accepts CAPS.

Run, Hide, Fight

As a part of Gwinnett Tech's preparedness objective, we want to provide everyone with a safe and healthy learning environment. With the increase of incidents on college campuses, schools and public places, it is increasingly important to have a plan for how to respond in an active shooter situation. Students and employees can help prevent and prepare for potential active shooter situations by viewing the "Run, Hide, Fight - Surviving an Active Shooter Event" video. The video will assist you in planning for your personal safety. [watch video](#).



Collecting Aluminum Can Tabs

The Future Cardiovascular Technologist Club and the Association for



Radiologic Technologist are collecting can tabs. One gallon of tabs equals a one night stay in the Ronald McDonald House for a family. Together, we've already collected eight gallons, but we can do more! Help us by bringing your aluminum can tabs to building 100 near Chick-Fil-A, building 100 near the bookstore in the cafeteria area, building 900 lobby, building 200 - room 121, 245, 133 or the student lounge and the Alpharetta-North Fulton campus student lounge. Thank you for your support!

You Shop. Amazon Gives Back to GTC!

[Shop Amazon Smile](#) is giving back and all you have to do is go to the website and choose "Gwinnett Tech Foundation". The GTC Foundation will receive .05% of every dollar you spend that qualifies and in turn, we will apply these dollars back into Gwinnett Tech students! This is a win-win!!! If you have further questions, please contact [Darcie Johnson](#).



Did you know? GTC Has a No Interest Tuition Payment Plan!

Gwinnett Tech partners with [Nelnet Business Solutions](#) to let you pay tuition and fees over time, making college more affordable. Payment Plan Benefits include easy online enrollment, flexible payment options and no interest. [Learn more](#) about the tuition payment plan and enroll today!

Creating Safer, Healthier
Campus Communities

Haven UNDERSTANDING
SEXUAL ASSAULT

Learn more



Feel Stressed? You are not Alone!

Going to school can be tough. Life can be tough. Student Life has paid for all of our students to get four free counseling sessions through the Cameron & Associates Life Balance Program. Yes - it's FREE! Just call 404-845-3727 or visit them on the [web](#) and they will give you three counselors close to you to pick from. You are worth the investment!



Cameron and Associates, Inc

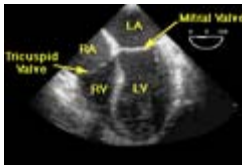
Providing a Higher Quality of Service

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GTC STUDENT PERKS!

MUST SHOW CURRENT STUDENT/FACULTY ID TO RECEIVE DISCOUNTS.

[Click here for details](#)



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CONTACT STUDENT LIFE

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