



LAWRENCEVILLE | ALPHARETTA-NORTH FULTON

Student Life News & Events

February / 16 / 2018



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Celebrate Arbor Day!



FEBRUARY 17

Help Gwinnett Tech achieve its annual goal of sustaining its Tree Campus USA status!

[Sign Up Here!](#)

FAFSA Frenzy!



FEBRUARY 22

Get your FAFSA questions answered and complete your 2018-2019 FAFSA!

Details Below.

S / FEB 17 - Gwinnett Tech Horticulture Celebrates Arbor Day!

Join us as we celebrate Georgia's Arbor Day by planting 100 trees on Gwinnett Tech's campus. From 10 a.m. - 2 p.m., we will be planting on a new woodland trail behind building 700. This is a family-friendly volunteer event and a great way to show our pride in being a Tree Campus USA! By volunteering, you will be helping GTC achieve its annual goal of sustaining its Tree Campus USA status. If you have your favorite pair of gloves or shovel, you are welcome to bring any items you see fit. Otherwise, all tools will be provided. Please wear closed toe shoes and long pants/shirts appropriate for outdoor activities. Lunch will be provided! Please [click here to register](#). Questions? Contact [Aaron Poulsen](#)

T / FEB 20 - Wells Fargo Financial Management Series - Protecting Your Identity

When it comes to keeping your personal and financial information safe, it's important to be proactive. Attend this session and learn fraud prevention tips and how to reduce your risk of identity theft. This session will be held in the Student Life Center from 12 - 1 p.m. on the Lawrenceville campus.

Students may register for this event on [Gwinnett Tech CareerLink!](#) Contact [Career Services](#) for more information.

W -TH / FEB 21-22 - Culinary Arts Presents a Semester of Lunches!

The Gwinnett Tech Culinary Arts Program is proud to present another awesome semester of exciting lunches with an international flair! To make reservations for these semester lunches: submit request via email to [Reservations](#). Cancellations require a minimum 24-hour notice. Special request require a minimum 24-48 hour notice and we will do our best to accommodate. You will receive a confirmation of you reservation. The cost is still an unbeatable \$15. Cash or check only! This week's lunch is a Mediterranean Cuisine (a la carte). Please join us for lunch at 12:15 p.m., building 700, Busbee center lobby. Our service goal is one hour, but due to the learning-teaching environment, it may take longer. We cannot accommodate "To Go" orders.

TH / FEB 22 - FAFSA Frenzy Is Back!

Get your questions answered and complete your 2018-2019 FAFSA! All students, families, and community members are welcome to attend. Please bring your FSA ID, Social Security Number, Date of Birth, Address, and 2016 Taxes. We will meet in building 100, room 813 from 1 - 3 p.m. on the Lawrenceville campus. Questions? Email [Financial Aid](#) or call 678-226-6677.

TH / FEB 22 - Alumni Panel Discussion & Networking Reception

Alumni from Gwinnett Tech will return to campus for one night to share their inspiring stories and offer practical advice for those looking to break into new careers. They will discuss the reality of competing in a tough employment climate, the various challenges that await new graduates, and how your skills can cross industries to arm you with greater opportunities. Panelists will talk about their individual career paths, what their jobs really entail and how they got there, lessons they have learned since graduation; and what has been important to them as career professionals. Don't miss this opportunity to gather valuable advice on how to break into your future career. This session will be held in building 100, room 707 from 6:30 - 8:00 p.m. on the Lawrenceville campus. Students may register for this event on [Gwinnett Tech CareerLink!](#) Contact [Career Services](#) for more information.

F / FEB 23 - It's FAFSA Time!

Get your questions answered and complete your 2018-2019 FAFSA! All students, families, and community members are welcome to attend. Please bring your FSA ID, Social Security Number, Date of Birth, Address, and 2016 Taxes. We will meet in room 139 from 1 - 3 p.m. on the Alpharetta - North Fulton campus. Questions? Email [Financial Aid](#) or call 678-226-6677.

T / FEB 27 - Outreach Project

Looking for a volunteer opportunity? Student Life will be hosting an outreach project in conjunction with our Positively Me Campaign. We are seeking volunteers to help prep for our upcoming Random Acts of Kindness Day. If you are interested in helping out on the Lawrenceville campus, please contact [Chantelle Bailey](#). If you are interested in helping out on the Alpharetta-North Fulton campus, please contact [Chacara Kellum](#).

T / FEB 27 - Improve Your Presentation Skills

Have you felt nervous or had butterflies in your stomach standing in front of a crowd? Don't run from the fear - you can learn to conquer it instead! Speaking in front of others (and doing it well!) can set you apart in a multitude of ways that can ignite your career trajectory. Take part in this fun and informative workshop for tips and strategies on how to create and give outstanding presentations - solutions you can use for your next big presentation or meeting! The session will be held from 10 - 11 a.m. in building 100, room 106. Snacks and door prizes will be provided. Please RSVP by Monday, February 26 at 5:00 p.m. [click the link](#). You can also RSVP to [Lisa Richardson](#).

W / FEB 28 - Women In Technology Scholarship Season

The WIT Scholarship season has officially begun! Please [click the link](#) for specific details about the scholarship and eligibility requirements. The scholarship closes on 2/28/18 and we are looking forward to the Gwinnett Tech students applying! For more information, please contact [Latunya Henderson](#).

Future Dates

February 28 & March 1 - Culinary Arts Presents a Semester of Lunches!
March 1 - Gwinnett Tech Students' Toastmasters International Meeting

March 1 - Interpersonal and Soft Skills Seminar
April 30 - Commencement



HEALTHY TIP

February is Heart Month!

February is Heart Month, the perfect time to learn about your risk for heart disease and the steps you need to take now to help your heart. The purpose of this month is to raise awareness about heart disease and how people can prevent it. Heart disease doesn't happen to just older adults. It is happening to younger adults more and more often. *CDC.gov* list a few conditions and behaviors that put people at risk as well as 4 ways to take control of your heart health:

Conditions and Behaviors That Affect Your Risk for Heart Disease:

1. High Blood Pressure
2. High Blood Cholesterol
3. Smoking
4. Obesity
5. Diabetes

4 Ways to Take Control of Your Heart Health:

1. Don't smoke
2. Stay active
3. Make heart-healthy eating changes. Eating food low in trans-fat, saturated fat, added sugar, and sodium
4. Work with your doctor on ways to manage your high blood pressure and high cholesterol

[To read the full article click here.](#)

If there is a topic you would like to know about or a tip that you'd like to share with us, please email [Morgan Taylor-Burns](#) with your suggestions!

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ANNOUNCEMENTS!



2018 Gwinnett Tech Next Step Transfer Fair

Gwinnett Tech's annual Next Step Transfer Fair is designed for Gwinnett Tech students and alumni who are ready to continue their education. It's an opportunity to visit with admissions representatives from scores of four-year colleges and universities - all of which have articulation agreements with Gwinnett Tech and/or the Technical College System of Georgia. Take the step now! The event will be held on Tuesday, March 20th in the Busbee Center, building 700, from 10:30 a.m. - 1:30 p.m. on the Lawrenceville campus. For more information contact [Kimberly Morton](#).

AARP Tax Prep Returning February 1 - Open to All

Gwinnett Technical College has partnered once again with the AARP Foundation to offer FREE tax assistance and preparation for community members, faculty, staff and students. Tax assistance will be held from Thursday, February 1st to Tuesday, April 17th. Monday through Thursday they will be available from 1 - 4 p.m. and Friday's

they will be available from 11 a.m. - 2 p.m. You can receive assistance in the Busbee Center, building 700, the sign-in area is located in the 2nd floor lobby. Taxpayers wanting to take advantage of this service should bring: All tax forms - W2s, Form 1095, All forms 1099, such as INT, DIV, B, G, MISC, R, S, A, or C; Last year's return; photo ID issued by state or government; Social Security cards for everyone on the return; and checkbook (necessary if you want automatic deposit or withdrawal). Clients will be seen on a first come, first serve basis, within the set times provided. There is no charge for this assistance and you do not have to be an AARP member. No appointments necessary. For questions, please call 770-962-7580.



CareerWorx @GwinnettTech

Join us for CareerWorx - an experience that connects exceptional education to future careers. We invite the community to see all our programs and student services and discover a career that leads to rewarding jobs. At CareerWorx, you will explore dozens of "hands-on" activities and talk with employers. Talk with student recruiters, financial aid counselors and enrollment advisors - you can even start your College Application! Explore jobs that may be open to you with a Gwinnett Tech education, how much you can make and possible career paths. See the excitement behind today's in-demand careers as you consider what comes after high school, or even a new career. At CareerWorx, you will experience real-world jobs and tasks. You may examine a model heart, perform a mock sonogram, experience a full-sized construction jobsite, use a virtual welder, see drone photography, operate a surgical laparoscopic trainer and more! Save the date! Join us at a campus convenient for you Lawrenceville, Thursday, March 29th from 4 - 8 p.m. or Alpharetta, Wednesday, May 30th from 4- 8 p.m. Registration is now open for the Lawrenceville event, [click here to register](#).



New Student Counselor on Campus!

Counseling at GTC is a mental health resource which provides free, personal and confidential counseling in a safe and supportive environment. The purpose of this resource is to help you acquire the skills, attitudes, abilities and insights that will enable you to address the all-too-prevalent stress and conflicts that may distract you from achieving your full potential. Student counseling services are available to all currently enrolled GTC students 18 or older in certificate, diploma or degree programs on first-come first-serve basis. For appointment, contact licensed student counselor [Melissa Massey](#) or call 678-226-6874.



National Suicide Prevention Lifeline

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. We are committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness. For more information, visit our [website](#).

Georgia Crisis and Access Line

GCAL is the 24/7 hotline for accessing mental health services in Georgia. The Georgia Department of Behavioral Health and Developmental Disabilities (DBHDD) provides treatment and support services to

people with mental illness and addictive diseases. If you or a loved one needs help dealing with a behavioral health crisis, the GCAL offers free and confidential crisis intervention 24/7. For more information, go to the [Georgia DBHDD website](#).



CRISIS TEXT LINE |

Crisis Text Line

Text HOME to 741741 from anywhere in the USA, anytime, about any type of crisis. A live, trained Crisis Counselor receives the text and responds quickly. The volunteer Crisis Counselor will help you move from a hot moment to a cool moment. Children and Teens are especially welcome. The service is free, confidential, and available 24/7. Please note that we are not a replacement for counseling or long-term medical treatment. Our goal is to help you move from an emotional overwhelming place to a sense of calm, at which point you feel ready to continue on your own. [Learn more about how it works.](#)

Ready to Apply for Graduation?

If you are completing your program either Fall or Spring semester, please submit a graduation application now! Even if you are completing a certificate embedded in your larger program, you may graduate from that certificate, so that you can list that accomplishment on your resume! Directions on how to apply for graduation are online. [Click here for directions.](#) For more information contact [Susan Myers](#) for more information.



Free OB Ultrasounds



Free OB ultrasounds are offered to GTC students. The Diagnostic Medical Sonography Program is seeking volunteers for OB ultrasounds preferably 18-32 weeks. Volunteers need to be prepared to stay for one hour and are scanned by GTC DMS students under direct credentialed faculty supervision. Volunteers receive FREE keepsake 3D images as well as the opportunity to see their baby in 4D. For more information or to schedule an appointment, please email [OB Sonography](#) or call 470-448-1211.

Assured Hospice Care Seeks Volunteers

Assured Hospice Care offers volunteers the opportunity to care for others and meet real companionship needs at a critical time in the lives of others. This happens in the homes of our patients or at assisted living facilities. Volunteers have the unique opportunity of giving the gift of time. The assistance and support this provides for a person in need is immeasurable. Volunteers will visit with patients and their family to provide companionship, visit with a patient to provide the caregiver/family member a chance to go to the grocery store or run errands, and assist with administrative and clerical task. We provide the training and visits are scheduled around your daily schedule and routines. You may volunteer a day a week, a few hours a week, or few hours a month. For more information call 770-387-9578 or contact [Chelsea Lawrence](#)

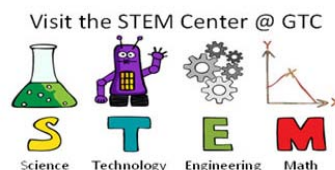


Georgia Cares

Georgia Cares is the single, statewide coordinating non-profit agency connecting services and treatment care for child victims of sexual exploitation and trafficking. Georgia Cares serves any and all youth who have been victimized in the state of Georgia. Our mission is to ensure that child sex trafficking victims receive quality care and services in the state of Georgia. For more information [visit our website.](#)

Gwinnett Tech STEM Center

The STEM Center is a peer tutoring center in building 900, room 1.109 for students taking Life Sciences classes or anyone trying to get in a healthcare program. The STEM center is open Monday - Thursday from 9 a.m. - 6 p.m. and Friday from 9 a.m. - 4 p.m. Be sure to join us every Thursday evening at 6 p.m. and every Friday morning at 10 a.m. for an A&P I Q&A. Need help with Chemistry? Ms. Francois is available to help Tuesdays from 9:30 a.m. to 11:30 a.m. and Wednesdays 10:30 a.m. to 11:30 a.m. For more information please [Casey Best](#)



Quality Childcare Available on Campus

Do you have young children? Do you know of someone who is looking for a high quality child care center for their child? The Hudgens Early Education Center is the best place for all children! Please come in for a visit today (building 800)! Or call for more information 678-226-6510. Enrolling children 6 weeks to 5 years. Open daily from 7:00 a.m. to 6:15 p.m. Enrollment is open to the community! Childcare tuition assistance is available for full time GTC students and we accepts CAPS.

Run, Hide, Fight

As a part of Gwinnett Tech's preparedness objective, we want to provide everyone with a safe and healthy learning environment. With the increase of incidents on college campuses, schools and public places, it is increasingly important to have a plan for how to respond in an active shooter situation. Students and employees can help prevent and prepare for potential active shooter situations by viewing the "Run, Hide, Fight - Surviving an Active Shooter Event" video. The video will assist you in planning for your personal safety. [watch video.](#)



Collecting Aluminum Can Tabs

The Association of Future Radiologic Technologist and Future Cardiovascular Technologist Club are collecting can tabs. One gallon of tabs equals a one night stay in the Ronald McDonald House for a family. Together, we've already collected eight gallons, but we can do more! Help us by bringing your aluminum can tabs to building 100 near Chick-Fil-A, building 100 near the bookstore in the cafeteria area, building 900 lobby, building 200 - room 121, 245, 133 or the student lounge and the Alpharetta-North Fulton campus student lounge. Thank you for your support!

You Shop. Amazon Gives Back to GTC!

[Shop Amazon Smile](#) is giving back and all you have to do is go to the website and choose "Gwinnett Tech Foundation". The GTC Foundation will receive .05% of every dollar you spend that qualifies and in turn, we will apply these dollars back into Gwinnett Tech students! This is a win-win!!! If you have further questions, please contact [Darcie Johnson](#).



Did you know? GTC Has a No Interest Tuition Payment Plan!

Gwinnett Tech partners with [Nelnet Business Solutions](#) to let you pay tuition and fees over time, making college more affordable. Payment Plan Benefits include easy online enrollment, flexible payment options and no interest. [Learn more](#) about the tuition payment plan and enroll today!

Creating Safer, Healthier
Campus Communities

Haven UNDERSTANDING
SEXUAL ASSAULT

Learn more 



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\$\$\$ GTC STUDENT PERKS!

MUST SHOW CURRENT STUDENT/FACULTY ID TO RECEIVE DISCOUNTS.

[Click here for details](#)





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