



LAWRENCEVILLE | ALPHARETTA-NORTH FULTON

Student Life News & Events

January / 20 / 2017



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Pet a Puppy!



JANUARY 24 & 26

De-stress this week by petting a therapy dog and receiving free hugs! Both campuses will have the opportunity to pet a puppy!

[Details Below.](#)

Learn Self-Defense!



THURSDAY, JAN 25

Searching for a high intensity and fun environment? Learn how to defend yourself against an assailant at our SGA meeting!

[Details Below.](#)

T / JAN 24 - De-stress with Puppy Therapy - ANF

Need a break? Enjoy smiling? De-stress this week by petting a therapy dog and receiving free hugs! Student Life has teamed up with Happy Tails Pet Therapy to provide students the opportunity to unwind and let these paws with a purpose bring a smile to their face. Everyone is welcome to pet a puppy from 11:30 a.m. - 2 p.m. in room A 141 on the Alpharetta North Fulton campus! For more information please contact [Morgan Taylor-Burns](#).

T / JAN 24 - SkillsUSA Club Meeting

Let's go for the GOLD! Please attend our SkillsUSA Club Meeting in building 200, room 104 at 1:00 p.m. on the Lawrenceville campus as we elect officers for 2017 and finalize competition and participation in the SkillsUSA State Conference! WE NEED YOU! For information please contact [Penny Waddell](#) or [Margaret Long](#).

T / JAN 24 - GTC Students' Toastmasters International Club - ANF

The GTC Students' Toastmasters International Club will meet on the Alpharetta North Fulton campus at 1 p.m. in room A-236. Everyone is welcome to attend any of the meetings. Students interested in joining as a member or have questions should contact [Thaddeus Nifong](#).

W / JAN 25 - Student Government Association Meeting

SGA will hold its first meeting of the semester in the Student Life Center from 12 - 1 p.m. on the Lawrenceville campus. There will be a self-defense demonstration on the art of Krav Maga. Self-defense is a countermeasure that involves defending the health and well-being of oneself from harm. Pizza and refreshments will be provided! If you have any questions, please contact [Morgan Taylor-Burns](#).

W / JAN 25 - Veterans Job Search Workshop

Gwinnett Technical College's Office of Veterans Affairs is proud to host another Wellness Wednesday event! The Veterans Job Search Workshop is hosted by the Georgia Department of Labor Veterans Services. During this workshop, veteran students will learn: job searching techniques, effective resume building, interviewing skills, and more! This event will take place in building 100, room 259 from 12:00 - 1:30 p.m. on the Lawrenceville campus. This workshop is free and open to all GTC veteran students. Food will be provided. Seating is limited; students must RSVP at [Event Brite](#) to reserve a seat. For general questions about the event, please email [Brian Powell](#).

W / JAN 25 - Self-Defense Lesson!

Everyone is welcome to come out and learn about the most effective self-defense system in the world! Learn how to defend yourself against an assailant with the self-defense moves demonstrated by our Krav Maga instructor. This event is a mixture of high energy, self-defense, and a great workout! The self-defense demonstration will begin at 12:15 p.m. in the Student Life Center. For more information, please contact [Morgan Taylor-Burns](#).

W / JAN 25 - Let's Talk at the Library!

Practice Conversational English at GTC Library, building 100, on Wednesdays from 4:00 - 5:30 p.m. Everyone is welcome to join. Registration is not required. All sessions are held in English. For more information click [here](#) or call 678-226-6388.

TH / JAN 26 - De-stress with Puppy Therapy - LAW

Need a break? Enjoy smiling? De-stress this week by petting a therapy dog and receiving free hugs! Student Life has teamed up with Happy Tails Pet Therapy to provide students the opportunity to unwind and let these paws with a purpose bring a smile to their face. Everyone is welcome to pet a puppy from 11:30 a.m. - 2 p.m. and again from 4:30 - 6:30 p.m. in the back of building 100 near the Student Life Center on the Lawrenceville campus! For more information please contact [Morgan Taylor-Burns](#).

TH / JAN 26 - FAFSA Thursday - Both Campuses!

Do you have Financial Aid questions? Is the FAFSA stressful and confusing? A Financial Aid Specialist will be available; let us help you through the process! Check in at the One Stop in building 100 (LAW) and building A (ANF) from 12:00 - 3:00 p.m. For more information please email [Financial Aid Office](#) or call 678-226-6677.

TH / JAN 26 - GTC SkillsUSA Quiz Bowl Practice

Join the GTC SkillsUSA Quiz Bowl team for a Round Robin practice. All students are invited to participate. Team signup sheets will be available at 4:00 p.m. in the Student Life Center. Please email [Dr. Saphronia Johnson](#), [Margaret Long](#), [Steve Benton](#), or [Lorrie Chin-Shue](#) for more information.

TH / FEB 23 - They Call Me Q

1 woman, 13 characters, 60 minutes! They Call Me Q, written and performed by Qurrat Ann Kadwani, is an emotionally charged comedy about a girl from Bombay growing up in the Bronx seeking balance between cultural pressures and wanting acceptance. Everyone is welcome to view the show from 12 - 1 p.m. in the Auditorium of building 700 on the Lawrenceville campus or via live feed in room A-110 on the Alpharetta North Fulton campus. Lunch will be provided! To register [click here](#). Please email [Morgan Taylor-Burns](#) for more information.

TH / FEB 23 - Counseling Services

Cameron and Associates will have a table in the lobby of building 700 from 11:15 a.m.- 1:45 p.m. on the Lawrenceville campus. Cameron and Associates provides resources to help our students navigate life's challenges. Everyone is welcome to stop by their table and talk with them. Please email [Rachel Mariano](#) for more information.

Future Dates

February 1 - Network Lunch
February 9 - GTC SkillsUSA Quiz Bowl
February 23 - They Call Me Q



HEALTHY TIP

Drown Out Negativity In 8 Easy Steps

Everyone gets the case of the Monday Blues from time to time. The best way to start off a new week is with a little peace of mind. In order to have more control over your life and how you perceive things, it is key that you defeat the negative voice in your head! *INeedMotivation.com* provides us with six easy steps to help us conquer negativity:

1. Visualize Your Goals
2. Counter Negativity With Positive Thoughts
3. Alter Your Vocabulary

[Read full article](#)

If there is a topic you would like to know about or a tip that you'd like to share with us, please email [Morgan Taylor-Burns](#) with your suggestions!

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ANNOUNCEMENTS!



Gwinnett 2017 Point-in-Time

Gwinnett county will be conducting a special outreach effort on the night of January 24, 2017 where trained professionals and volunteers will conduct surveys with those that are identified as homeless. The Point-in-Time count is a count of sheltered and unsheltered homeless persons on a single night. The objective is to determine the number of homeless families and individuals in Gwinnett County. Point-in-Time is looking for volunteers to help assist in the data collection, if you are interested please visit [here](#). For more information contact ahuff@pccihome.org or suzy@gwinnettcoalition.org.

Multicultural Club Service Project

Happy New Year to the members of Multicultural Club! We are looking forward to a great Spring Semester! Our current service project is a food drive. Please bring food donations to the Library and place it in the blue bin near the entrance. The food drive will continue through January 31, 2017 and will be collected by the founder of the non-profit organization [Joy Community Kitchen](#). Alpharetta - North Fulton campus members please bring your items to Yvette at the Library. Questions? Email us [Yvette Williams](#) or [Lakshmi Ramachandran](#). Check us out [here](#).





Quality Childcare Available on Campus

Do you have young children? Do you know of someone who is looking for a high quality child care center for their child? The Hudgens Early Education Center is the best place for all children! Please come in for a visit today (building 800)! Or call for more information 678-226-6510. Enrolling children 6 weeks to 5 years. Open daily from 7:00 a.m. to 6:15 p.m. Enrollment is open to the community! Childcare tuition assistance is available for full time GTC students and we accept CAPS.

Run, Hide, Fight

As a part of Gwinnett Tech's preparedness objective, we want to provide everyone with a safe and healthy learning environment. With the increase of incidents on college campuses, schools and public places, it is increasingly important to have a plan for how to respond in an active shooter situation. Students and employees can help prevent and prepare for potential active shooter situations by viewing the "Run, Hide, Fight - Surviving an Active Shooter Event" video. The video will assist you in planning for your personal safety. [watch video.](#)



Collecting Aluminum Can Tabs

The Future Cardiovascular Technologist Club and the Association for Radiologic Technologist are collecting can tabs. One gallon of tabs equals a one night stay in the Ronald McDonald House for a family. Together, we've already collected eight gallons, but we can do more! Help us by bringing your aluminum can tab donations to building 200 - room 121, 245, 133 or the student lounge. Thank you for your support!

You Shop. Amazon Gives Back to GTC!

[Shop Amazon Smile](#) is giving back and all you have to do is go to the website and choose "Gwinnett Tech Foundation". The GTC Foundation will receive .05% of every dollar you spend that qualifies and in turn, we will apply these dollars back into Gwinnett Tech students! This is a win-win!!! If you have further questions, please contact [Darcie Johnson](#).



Did you know? GTC Has a No Interest Tuition Payment Plan!

Gwinnett Tech partners with [Nelnet Business Solutions](#) to let you pay tuition and fees over time, making college more affordable. Payment Plan Benefits include easy online enrollment, flexible payment options and no interest. [Learn more](#) about the tuition payment plan and enroll today!

Collecting Corks

The Rad Tech program has collected over 12,000 corks, caps and foil from wine bottles for Clothes for Souls. Each is worth 2 cents so we can financially support this global non-profit institution dedicated to fighting poverty. Besides helping the charity, it also helps the earth. The corks are recycled and not put in landfills. Did you know that it takes over 1,500 gallons of water to grow the cotton required for just one pair of jeans and each American discards over 65 pounds of clothing per year? Help us by continuing to donate your corks! Drop off is in bldg. 200, room 245.



Creating Safer, Healthier
Campus Communities

Haven UNDERSTANDING
SEXUAL ASSAULT

Learn more 



Feel Stressed? You are not Alone!

Going to school can be tough. Life can be tough. Student Life has paid for all of our students to get four free counseling sessions through the Cameron & Associates Life Balance Program. Yes - it's FREE! Just call 404-845-3727 or visit them on the [web](#) and they will give you three counselors close to you to pick from. You are worth the investment!



Cameron and Associates, Inc

Providing a Higher Quality of Service

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\$\$\$ GTC STUDENT PERKS!

MUST SHOW CURRENT STUDENT/FACULTY ID TO RECEIVE DISCOUNTS.

[Click here for details](#)





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