

LAWRENCEVILLE | ALPHARETTA-NORTH FULTON

Student Life News & Events

January / 13 / 2017







Healthy Tip
Announcements
new perk! Student Perks
Contact Student Life

Campus Closed



MONDAY, JAN 16

Campus will be closed in honor of Martin Luther King, Jr. Day!

Details Below.

Information Security Association



THURSDAY, JAN 19

Interested in cyber security?
Attend the ISA meeting to find out more!

Details Below.

M / JAN 16 - MLK Holiday

Campus is closed in observance of Martin Luther King, Jr.'s Birthday.

W / JAN 18 - AITP Meeting

Everyone is welcome to join the AITP meeting in building 700, room 2201 from 5:00 - 5:45 p.m. on the Lawrenceville campus. Pizza and refreshments will be provided. The Association for Information Technology Professionals is for anyone with an interest in the computer information systems field. For more information please contact John Thacher.

TH / JAN 19 - GTC Science Club

Join us for the next GTC Science Club meeting! We will be planning our activities for the semester and discussing volunteer opportunities. We will meet from 1:00 – 2:00 pm in Building 900, room 1313. If you have any questions, please email Margaret Long Margaret Long or Saphronia Johnson.

TH / JAN 19 - Information Security Association Meeting

GTC - ISA is the student community of choice for GTC cyber security students dedicated to advancing individual growth and deepening their knowledge and awareness of issues related to managing technology risk and protecting critical information and infrastructure. The next meeting will be held in building 700, room 2.206 at 4:30 p.m. on the Lawrenceville campus. For more information contact Garfield Anderson.

TH / JAN 19 - GTC Students' Toastmasters International Club - LAW

The GTC Students' Toastmasters International Club will meet on the Lawrenceville campus at 6 p.m. in building 200, room 104. Everyone is welcome to attend any of the meetings. Students interested in joining as a member or have questions should contact <u>Thaddeus Nifong</u>.

T / JAN 24 - SkillsUSA Club Meeting

Let's go for the GOLD! Please attend our SkillsUSA Club Meeting in building 200, room 104 at 1:00 p.m. on the Lawrenceville campus as we elect officers for 2017 and finalize competition and participation in the SkillsUSA State Conference! WE NEED YOU! For information please contact Penny Waddell or Margaret Long.

T / JAN 24 - GTC Students' Toastmasters International Club - ANF

The GTC Students' Toastmasters International Club will meet on the Alpharetta North Fulton campus at 1 p.m. in room A-236. Everyone is welcome to attend any of the meetings. Students interested in joining as a member or have questions should contact <u>Thaddeus Nifong</u>.

W / JAN 25 - Student Government Association Meeting

SGA will hold its first meeting of the semester in the Student Life Center from 12 - 1 p.m. on the Lawrenceville campus. There will be a self-defense demonstration on the art of Krav Pro. Pizza and refreshments will be provided! If you have any questions, please contact Morgan Taylor-Burns.

W / JAN 25 - Let's Talk at the Library!

Practice Conversational English at GTC Library, building 100, on Wednesdays from 4:00 - 5:30 p.m. Everyone is welcome to join. Registration is not required. All sessions are held in English. For more information click here or call 678-226-6388.

TH / JAN 26 - GTC SkillsUSA Quiz Bowl Practice

Join the GTC SkillsUSA Quiz Bowl team for a Round Robin practice. All students are invited to participate. Team signup sheets will be available at 4:00 p.m. in the Student Life Center. Please email <u>Dr. Saphronia Johnson, Margaret Long.</u> <u>Steve Benton, or Lorrie Chin-Shue</u> for more information.

Future Dates

February 9 - GTC SkillsUSA Quiz Bowl February 23 - They Call Me Q



HEALTHY TIP

Ways to Strengthen Your Immune System

Your immune system is a key asset to your body. It guards your body against invaders like bacteria, viruses, and fungi and defends against infections and several types of cancers. Keeping your immune system in tip-top shape is important when battling cold and flu season. *Sparkpeople.com* gives us six simple steps to follow to ensure our immune system is functioning at its peak performance:

- 1. Manage Stress
- 2. Get Enough Sleep
- 3. Increase Your Intake of Vitamin C, Omega-3 Fatty Acids, and Zinc-rich Foods

Read full article

If there is a topic you would like to know about or a tip that you'd like to share with us, please email <u>Morgan Taylor-Burns</u> with your suggestions!

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ANNOUNCEMENTS!

Student Life Seeking Donations!

Student Life is seeking donations to help our homeless this winter season. We are collecting winter hats, gloves, socks, coats, and hygiene kits. Please bring all donations to the Student Life Center by January 19, 2017. All donations collected will go to the Gwinnett 2017 Point-in-Time initiative. For more information contact Morgan Taylor-Burns.





Gwinnett 2017 Point-in-Time

Gwinnett county will be conducting a special outreach effort on the night of January 24, 2017 where trained professionals and volunteers will conduct surveys with those that are identified as homeless. The Point-in-Time count is a count of sheltered and unsheltered homeless persons on a single night. The objective is to determine the number of homeless families and individuals in Gwinnett County. Point-in-Time is looking for volunteers to help assist in the data collection, if you are interested please visit here. For more information contact ahuff@pccihome.org or suzy@gwinnettcoalition.org.

Multicultural Club Service Project

Happy New Year to the members of Multicultural Club! We are looking forward to a great Spring Semester! Our current service project is a food drive. Please bring food donations to the Library and place it in the blue bin near the entrance. The food drive will continue through January 31, 2017 and will be collected by the founder of the non-profit organization Joy Community Kitchen. Alpharetta - North Fulton campus members please bring your items to Yvette at the Library. Questions? Email us Yvette Williams or Lakshmi Ramachandran. Check us out here.





Quality Childcare Available on Campus

Do you have young children? Do you know of someone who is looking for a high quality child care center for their child? The Hudgens Early Education Center is the best place for all children! Please come in for a visit today (building 800)! Or call for more information 678-226-6510. Enrolling children 6 weeks to 5 years. Open daily from 7:00 a.m. to 6:15 p.m. Enrollment is open to the community! Childcare tuition assistance is available for full time GTC students and we accepts CAPS.

Run, Hide, Fight

As a part of Gwinnett Tech's preparedness objective, we want to provide everyone with a safe and healthy learning environment. With the increase of incidents on college campuses, schools and public places, it is increasingly important to have a plan for how to respond in an active shooter situation. Students and employees can help prevent and prepare for potential active shooter situations by viewing the "Run, Hide, Fight - Surviving an Active Shooter Event" video. The video will assist you in planning for your personal



safety. watch video.



Collecting Aluminum Can Tabs

The Future Cardiovascular Technologist Club and the Association for Radiologic Technologist are collecting can tabs. One gallon of tabs equals a one night stay in the Ronald McDonald House for a family. Together, we've already collected eight gallons, but we can do more! Help us by bringing your aluminum can tab donations to building 200 - room 121, 245, 133 or the student lounge. Thank you for your support!

You Shop. Amazon Gives Back to GTC!

Shop Amazon Smile is giving back and all you have to do is go to the website and choose "Gwinnett Tech Foundation". The GTC Foundation will receive .05% of every dollar you spend that qualifies and in turn, we will apply these dollars back into Gwinnett Tech students! This is a win-win!!! If you have further questions, please contact Darcie Johnson.





Did you know? GTC Has a No Interest Tuition Payment Plan!

Gwinnett Tech partners with <u>Nelnet Business Solutions</u> to let you pay tuition and fees over time, making college more affordable. Payment Plan Benefits include easy online enrollment, flexible payment options and no interest. <u>Learn more</u> about the tuition payment plan and enroll today!

Collecting Corks

The Rad Tech program has collected over 12,000 corks, caps and foil from wine bottles for Clothes for Souls. Each is worth 2 cents so we can financially support this global non-profit institution dedicated to fighting poverty. Besides helping the charity, it also helps the earth. The corks are recycled and not put in landfills. Did you know that it takes over 1,500 gallons of water to grow the cotton required for just one pair of jeans and each American discards over 65 pounds of clothing per year? Help us by continuing to donate your corks! Drop off is in bldg. 200, room 245.



Creating Safer, Healthier Campus Communities





Feel Stressed? You are not Alone!

Going to school can be tough. Life can be tough. Student Life has paid for all of our students to get four free counseling sessions through the Cameron & Associates Life Balance Program. Yes - it's FREE! Just call 404-845-3727 or visit them on the web and they will give you three counselors close to you to pick from. You are worth the investment!



Cameron and Associates, Inc

Providing a Higher Quality of Service

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GTC STUDENT PERKS!

MUST SHOW CURRENT STUDENT/FACULTY ID TO RECEIVE DISCOUNTS.

Click here for details



















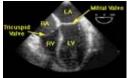






























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CONTACT STUDENT LIFE

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